

LDA Newsletter



Welcome to your Termly LDA Newsletter

OUR MISSION... to provide a full dance and acro education that emphasises the core foundations of training while inspiring **passion** and **creativity**. We **empower** our dancers by honouring individuality and mastering fundamentals, nurturing their **growth** in a family-like **community**.

Our goal is to build **confidence**, foster **artistic exploration**, and instill **self-discipline**, equipping our students to follow their dance **passion**, whether it's recreationally or professionally.

TERM DATES: Summer Term

**Saturday 26th April -
Friday 11th July**

**Bank Holiday: Monday 5th
May - Replacement class
14th July**

**HALF TERM: 26th - 31st May
Pencilled exam dates: 12th
& 13th July**

Do you want to try a new class or explore something new at LDA?

IT'S ABOUT NOW WE START LOOKING AT OUR SEPTEMBER 2025 TIMETABLE. New classes are added based on interest and wait lists so don't hesitate to get in touch now with your September interest.

In this newsletter you can expect:

Summer term
dates 2025

Workshop news

Emil Dale
Collaboration

Uniform shop
update

Future teachers
programme

Our School
Mission

Choreographic
competition &
My first show:
22nd June

Future Teachers programme

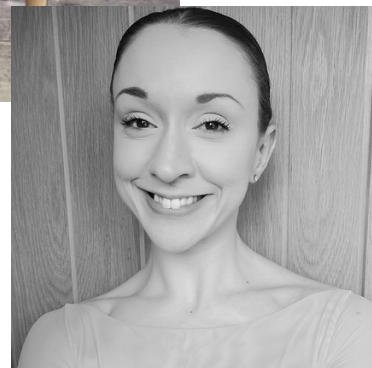
Thank you to everyone who expressed interest in our Future Teachers Programme via the parent WhatsApp group! I was thrilled by the incredible response, and I'm excited to announce that, all being well, we're aiming to launch the programme this September. Once logistics and costs are finalised, I'll share full details with you. Students who wish to take part will need to register by the end of July, so we can confirm final numbers in good time. In the meantime, you can watch our short information video here: [🌐LINK](#)



Emil Dale Academy Partnership

Emil Dale
ACADEMY

Hot off the press.... we have just been accepted as an Emil Dale Partnership. I will send more information about this very soon, but our students who love Dance and Musical theatre will really benefit from this amazing opportunity! For now you can take a sneak peak at what Emil Dale Academy has to offer until I can tell you more.....!! More info to come [🌐https://www.emildale.co.uk](https://www.emildale.co.uk)



Welcome Miss Caroline

We're thrilled to welcome Miss Caroline to the LDA team! She'll be joining us on Tuesdays after Easter and on Wednesdays from September. A little about Miss Caroline:

She holds a degree in English Literature and Film, following her studies, she trained for her ISTD DDI and DDE qualifications in Ballet, Modern, and Tap in Kent, and more recently completed her Licentiate Ballet and PBT training in Hertfordshire. She also holds her Advanced 2 exams in Ballet, Tap, and Modern.

Miss Caroline brings a wealth of experience from working with several Hertfordshire-based dance schools, where she has taught ISTD, RAD, and freework Ballet, Pointe, ISTD Tap, Modern, and has choreographed for both competitions and performances. We're so excited to welcome her passion, experience, and talent to LDA!

LDA Wicked workshop

We were thrilled to host an amazing Wicked workshop with the incredibly talented Aimee Dwight — original cast member, Dance Captain, and Swing in Wicked! Our students had the exciting opportunity to learn choreography from both the stage show and the upcoming film, explore Aimee's fascinating collection of Wicked memorabilia, and gain behind-the-scenes insight into life on the West End. They also delved into topics like costume design, what it's really like to be a Swing, and enjoyed a fantastic Q&A session where Aimee shared her experiences and advice.

A special highlight: our Dance Company worked with Aimee as she choreographed their brand-new Jazz piece for the 2024/25 season — what an inspiring experience for them all!



Congratulations!
Graduation dance course success..

To Natasha who has accepted a place at Trinity Laban. And to Liberty who will further her education at The Pad. We're very proud of you!

School shows

Several of our teachers recently had the chance to attend some of the local secondary school Dance and Gym/Dance shows — and what a treat it was! It was so lovely to see so many of our talented LDA dancers performing with such passion and confidence.

A special shoutout goes to Josie and Olivia, who were awarded the Choreographic Prize at the Beaumont Dance Display — a fantastic achievement and so well deserved! Well done to everyone who took part.





Teachers news:

This term, we said a fond farewell (on certain days!) to two of our much-loved teachers. Miss Alison taught her final Tuesday class of the term, and Miss Gabby taught her last Saturday class. Miss Caroline and Miss Molly certainly have big shoes to fill — but we know they'll bring their own magic to the studio! A heartfelt thank you to Miss Alison and Miss Gabby for being such incredible, inspiring teachers. We're very lucky to still have Miss Alison with us for another term, and Miss Gabby continuing on Wednesdays! I'll be in touch very soon with details about plans for Miss Alison's retirement celebrations — watch this space!

ISTD Exam news:

We have an incredible set of results from our Xmas exam session a huge well done to everyone who took part! We also held a double exam session on Mothers Day which we are still awaiting results for. As always our students worked so hard.

A very special thank you to Miss Tania, Gabby, Becca, Molly and Helen who helped run a very busy Easter exam session and made the students exam experience a positive one.



Dance company news:

Our dance company were lucky to perform at Shaftesbury Avenue! We had some incredible feedback regarding our dances which were choreographed by Miss Lori and Aimee Dwight (Wicked original cast!). We are performing next at the Alban Arena on Fathers Day, 15th June. If anyone would like to support us we'd love to see you!

BOOK HERE: 

<https://everyonetheatres.com/whats-on/dancemania-2025/>





Six workshop:

We were so excited to welcome the incredible Rachel Rawlinson, cast member of SIX, to LDA on Saturday for a special workshop to inspire our students! It was an amazing day!

We're committed to continuing these inspiring West End workshops whenever we're able to connect with available cast members. They're a fantastic opportunity for our students to learn from the best and fuel their passion for Musical Theatre.





Choreographic Competition: **TICKETS & FINAL INFO WILL BE SENT VERY SOON!**

We are thrilled to have 55 talented dances enter to compete in our Choreographic Competition on Sunday, 22nd June! This special event will showcase the creativity of our students, with each dancer presenting their own choreographic work. We are also delighted to have the esteemed Maxine Percy as our adjudicator for the day.

In addition to the competition, we will feature class demonstration pieces and present our class awards. **Each teacher will recognise one student per genre for their outstanding attitude, mindset, attendance, commitment, progress, ability to absorb and apply feedback, respect, communication, and conduct both in class and within the school community.**

We will also be awarding special prizes, including our Scholarship, to celebrate students who consistently embody excellence and dedication in their dance journey.

We can't wait to see the passion and artistry our dancers bring to the stage!

My First Show: **TICKETS & FINAL INFO WILL BE SENT VERY SOON!**

On the morning of the 22nd June, We have our second ever "My First Show"! Our first one 2 years ago was such a lovely event, we hope to now run it ever 2 years! This day is a special one for our youngest or newest dancers to perform in a smaller theatre, before our large school show in 2026! We can't wait to see everyone on stage!

Uniform info:

A big thank you to everyone who has responded so positively to our improved uniform guidelines! It's been a real delight to teach Ballet students arriving with beautiful ballet buns and wearing the correct uniform — we truly appreciate your support.

We'd also like to let you know that our lovely Helen King has recently changed jobs, which means we will no longer be running the uniform shop on Mondays. However, it will continue to operate as usual on Saturdays from 9:00–11:30am at Wheatfields Junior School.

If you're unable to make it on Saturdays, Helen is happy to arrange for items to be delivered in class. You can contact her at:

✉ uniform-letsdanceacademy@hotmail.com

Our full uniform range is also available online here:

🌐 www.letsdanceacademy.co.uk/ldauniform

And don't forget — we also offer a second-hand uniform service. To browse or make an enquiry, you can either:

- Email Helen directly
- Or fill out our second-hand request form:
- 🌐 www.letsdanceacademy.co.uk/2ndhand



The poster for the Embodiment Dance Future Teachers Programme features a pink and white color scheme. At the top, there are three circular images: a girl in a pink shirt, a girl in a black shirt, and a girl in a pink shirt. Below these, the Embodiment Dance logo is displayed. The main title 'FUTURE TEACHERS Programme' is prominently featured. Below the title, there are two circular images: a girl in a black shirt holding a certificate, and a girl in a pink shirt. The text 'Unlock Your Potential with Embodiment's Accredited Student Teachers Programme! Take your dance journey to the next level by gaining valuable skills, qualifications, and hands-on teaching experience at your dance school.' is written. Below this, it says 'Designed by Embodiment Dance Principal - Emma Bright BA Hons Dance'. A list of benefits is provided, including: 'Created especially for dancers age 11 & up', 'Fun, Engaging & Easy to follow programme', 'Appealing visual course books with practical tasks', 'Engaging training days at your dance school', '3 Level Progressions', 'Boost your confidence, skills & independence', 'Gain Accredited CPD points to put on your CV', and 'Weekly Work experience in your dance school'. A quote from Zoe, age 14, is included: 'It has been amazing to see how my confidence levels have grown. If you are thinking of doing the Future Teachers course then do it. I 100% recommend it!' The website 'www.futuredanceteachers.co.uk' is at the bottom, along with the copyright notice '© 2025 Embodiment Dance All rights reserved.'



Thank you
for reading!